



Arkansas Urology

Premature Ejaculation Diagnostic Tool

This is a questionnaire to help us identify if you may have a problem with ejaculating too soon during sexual activity. Even if you do not have difficulties, please answer all the questions.

INSTRUCTIONS:

1. Click the box that best represents your answer to each of the questions below.
2. Please mark **only ONE box** for each question.
3. Understand there are no right or wrong answers to these questions.
4. While your experiences may change from time to time, what we're interested in here is your general experience with intercourse.

Definition: Ejaculation here refers to ejaculation (release of semen) after penetration (when your penis enters your partner)

	Not difficult at all	Somewhat difficult	Moderately difficult	Very difficult	Extremely difficult
1. How difficult is it for you to delay ejaculation?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input checked="" type="checkbox"/> 3	<input type="checkbox"/> 4
	Almost Never or Never 0%	Less than half the time 25%	About half the time 50%	More than half the time 75%	Almost always or always 100%
2. Do you ejaculate before you want to?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
3. Do you ejaculate with very little stimulation?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
4. Do you feel frustrated because you ejaculate before you want to?	Not at all	Slightly	Moderately	Very	Extremely
	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
5. How concerned are you that that your time to ejaculation leaves your sexually unfulfilled?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

Symonds T, Perelman MA, Althof S, Giuliano F, Martin M, May K, Abraham L, Crossland A, Morris M. **Development and validation of a premature ejaculation diagnostic tool.** *Eur Urol.* 2007 Aug;52(2):565-73. doi: 10.1016/j.eururo.2007.01.028. Epub 2007 Jan 16. PMID: 17275165.